



FOR IMMEDIATE RELEASE

Frontline Doulas c/o Diversity Uplifts, Inc.
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Event Website: www.frontlinedoulas.com/healthewomb
Event Partner: www.Solefolks.com

Frontline Doulas and Sole Folks, Funded by LA Care announce:

Heal the Womb, Heal the World Event

July 7th, 10th and 11th 2021

A series of Maternal Health / Reproductive Justice and Wellness experiences, in the historic Leimert Park District, funded in part by LA Care.

Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008 and Online as specified
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Wednesday July 7th, 11am-3pm

ORGANIC FOOD GIVE AWAY - (LIVE)

Organic whole foods nourishment provided by Let's Be Whole. Come on by to pick up your FREE provisions. **Our goal is to feed 150 households.** Help us meet our goal by sharing this information. Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008

Wednesday July 7th, 7pm-9pm

THE REVOLUTION IS IN THE WOMB - (VIRTUAL) Panel Discussion on Zoom

A salon panel discussion on holistic healing, anchoring the power of the divine feminine and reproductive wellness for Black Women. Conversations about activating the divine feminine, creating wholeness within our wombs and in our own consciousness. We would like to call in a space that centers our healed and whole selves, moving us beyond habitual reaction to the disparities and the injustices of the world.

We invite you to assemble with us in a virtual salon to participate in creating intentions and solutions for emotional, physical, spiritual womb health in our community.

Panelists include: YOU! (Community engagement is what this is about), Moderated by Addis The Great with Master Herbalist Cameron Moore, Frontline Doula Directors Khefri Riley & Dr. Sayida Peprah, Acupuncturist Carine Camara + Kindred Space Birth Center LA. Community partners: Black Women for Wellness and ARC.

Zoom registration link: https://us02web.zoom.us/meeting/register/tZYsduqqrz4qGt35_a_zDV1TI8bCQzUsTGQb

Upon registration participants will receive an auto-email from Zoom to join the event on Wed.
7/7



Saturday July 10th, 9am-12pm

DONUTS WITH DADS - (VIRTUAL) Dads Group for BIPOC Fathers

A father's support group created with the intention to create conversation, community and counsel amongst fathers who share the layered experience of fatherhood.

On Saturday July 10th from 9am-12pm, [Mannie Thomas III](#), Co-Executive Director and Growth Coordinator for [Success Stories Program](#), will be joining Donuts for Dads for a discussion on toxic masculinity and the impact it has on the culture of fatherhood. This event is FREE and FOR BIPOC FATHERS ONLY. The link to join will be active on the date and time of event.

Time: Jul 10, 2021 09:00 AM Pacific Time (US and Canada)

Join Zoom Meeting here: <https://us02web.zoom.us/j/83054481370?pwd=MXVFMGVsd1RUSFkxR1Q5REI4M1ITQT09>

Sunday July 11th, 12-4pm

Spend the afternoon with us! Black Doula Info Table, DJ Bsmooth and MC Danae, Children's Art Empowerment Table, Yoni Herbs, RJ Prison Film Screening, Face Painting, Altar Building + much more. (LIVE) @ SOLE FOLKS

12pm-4pm

COMMUNITY ALTAR TO HONOR THE DIVINE WOMB - (LIVE)

You are invited to bring your offerings to this public community Altar. We will collectively build an altar to honor the womb as the seat of divine creation. Let's give thanks to the Creator, Mother Earth and our Ancestors who gave us LIFE. Inclusive of all spiritual paths. Examples of offerings include flowers, candles, art, objects from nature, fabrics, decorative items, photos of ancestors, prayers written on paper, poems etc. Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008

BLACK DOULA INFO TABLE - (LIVE)

Come meet our doulas and get educated about doula and midwife care for your birth and postpartum experience. With representatives from Frontline Doulas + Kindred Space South LA's 1st Black Birth Center + AAIMM Doula Program + Sankofa Birthworkers Collective of the Inland Empire + Black Women for Wellness. Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008

12 - 2pm

YONI HERBS GIVE AWAY AND PLAYSHOP - with the amazing folks from Cosmic Kichin. (LIVE)

"High Vibration Healing from the Motherland" with Cosmic Kichin's Adaobi Mozie. Find out more how gentle herbs for your reproductive system can be used to heal your womb. Gift packets will be given to participants. www.cosmickichin.com Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008



12pm-2pm

CHILDREN'S ART EMPOWERMENT TABLE (Parent Supervised) with Susan Lowe, LMFT and Nadrien Bishop, PsyD + FACE PAINTING + POP UP with Adah of Afro Puff Designs

Come with your children to experience arts activities designed to foster communication and empower children to express thoughts and feelings in positive and healthy ways. Facilitated by Black Child Therapists.

Face painting and Pop up shop with avant garde artist and mother Adah Glen of Afro Puff Design's bourgeois street gothic chic studio. Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008

1pm-4pm

RJ PRISON FILM SHOWING AND COMMUNITY PANEL (LIVE and VIRTUAL)

'BELLY OF THE BEAST' - A Powerful Expose of Human Rights Abuses in Women's Prisons

Location: Sole Folks, 4317 Degnan Ave. LA, CA 90008, This event is FREE.

www.bellyofthebeastfilm.com

When an unlikely duo discovers a pattern of illegal sterilizations in women's prisons, they wage a near impossible battle against the Department of Corrections. Filmed over seven years with extraordinary access and intimate accounts from currently and formerly incarcerated people, BELLY OF THE BEAST exposes modern-day eugenics and reproductive injustice in California prisons.

Following the film join us in a discussion about how we as Black women and communities can shift from victimization to reclaiming our autonomy within a human rights framework.

We are honored to welcome to the community panel, Kelli Dillion - film participant, survivor of domestic and state violence, City of Los Angeles Commissioner, Co-chair of Empowerment Congress Southwest and Executive Director of the non-profit Back to the Basics. <https://back2thebasicsla.org>

1pm - 2:30pm (LIVE) Screening of documentary @ Sole Folks *POPCORN will be served.

2:30pm - 3:30pm (LIVE) Film Screening Panel Discussion @ Sole Folks

You may also join us via video-cast in a virtual showcase simultaneously 1- 4pm.

To Register for Virtual showcase: <https://forms.gle/bue4h4Yi2gUHdvYS8>

For Virtual participants - 24 hours prior to the event you will get an email with a link to view the screening + a link to join the panel discussion via Zoom.

Community Partners: LA Care, Sole Folks, Diversity Uplifts Inc., Black Women for Wellness, AAImm Doula Program, Kindred Space LA, Afro Puff Designs, Let's Be Whole, Cosmic Kichen, ARC.

Produced by: Khefri Riley + Dr. Sayida Peprah of Frontline Doulas + Addis Daniel ###